



Saint Joseph's, Saint Anne's & Holy Family And Saint Patrick's
25th Of January 2026, Third Sunday in Ordinary Time, Year A
 Served By The Discalced Carmelites
 Parish Priest: Fr. Louis Aron OCD email: louisaron2015@gmail.com
 Assistant Priest: Fr. Ligor Alexander OCD email: ligorialex@gmail.com
 Tel: 0191 534 2346
 Sr. Alphonsus (Parish Sister at St. Patrick's, Ryhope)
 Tel: 0191 521 0340
 Rev. Bernard Finan SDS (Retired and resident priest at St. Patrick's)

Catholic Sunday Mass Readings for January 25 2026, Third Sunday in Ordinary Time, Year A	
1 st Reading	Isaiah 8:23-9:3
Responsorial Psalm	Psalms 27:1, 4, 13-14
2 nd Reading	1 Corinthians 1:10-13, 17
Alleluia	Matthew 4:23
Gospel	Matthew 4:12-23 or Matthew 4:12-17

1st Reading – Isaiah 8:23-9:3

23 First the Lord degraded the land of Zebulun and the land of Naphtali; but in the end he has glorified the seaward road, the land west of the Jordan, the District of the Gentiles.
 1 Anguish has taken wing, dispelled is darkness: for there is no gloom where but now there was distress. The people who walked in darkness have seen a great light; upon those who dwelt in the land of gloom a light has shone.
 2 You have brought them abundant joy and great rejoicing, as they rejoice before you as at the harvest, as people make merry when dividing spoils.
 3 For the yoke that burdened them, the pole on their shoulder, and the rod of their taskmaster you have smashed, as on the day of Midian.

Responsorial Psalm – Psalms 27:1, 4, 13-14

R. (1a) The Lord is my light and my salvation.

1 The LORD is my light and my salvation; whom should I fear? The LORD is my life's refuge; of whom should I be afraid?

R. *The Lord is my light and my salvation.*

4 One thing I ask of the LORD; this I seek: To dwell in the house of the LORD all the days of my life, That I may gaze on the loveliness of the LORD and contemplate his temple.

R. *The Lord is my light and my salvation.*

13 I believe that I shall see the bounty of the LORD in the land of the living.

14 Wait for the LORD with courage; be stouthearted, and wait for the LORD.

R. *The Lord is my light and my salvation.*

2nd Reading – 1 Corinthians 1:10-13, 17

10 I urge you, brothers and sisters, in the name of our Lord Jesus Christ, that all of you agree in what you say, and that there be no divisions among you, but that you be united in the same mind and in the same purpose.
 11 For it has been reported to me about you, my brothers and sisters, by Chloe's people, that there are rivalries among you.
 12 I mean that each of you is saying, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ."
 13 Is Christ divided Was Paul crucified for you? Or were you baptized in the name of Paul?
 17 For Christ did not send me to baptize but to preach the gospel, and not with the wisdom of human eloquence, so that the cross of Christ might not be emptied of its meaning.

Alleluia – Matthew 4:23

R. Alleluia, alleluia.
 23 Jesus proclaimed the Gospel of the kingdom and cured every disease among the people.
 R. Alleluia, alleluia.

Gospel – Matthew 4:12-23

12 When Jesus heard that John had been arrested, he withdrew to Galilee.
 13 He left Nazareth and went to live in Capernaum by the sea, in the region of Zebulun and Naphtali,
 14 that what had been said through Isaiah the prophet might be fulfilled:
 15 Land of Zebulun and land of Naphtali, the way to the sea, beyond the Jordan, Galilee of the Gentiles,
 16 the people who sit in darkness have seen a great light, on those dwelling in a land overshadowed by death light has arisen.

17 From that time on, Jesus began to preach and say, "Repent, for the kingdom of heaven is at hand."

18 As he was walking by the Sea of Galilee, he saw two brothers, Simon who is called Peter, and his brother Andrew, casting a net into the sea; they were fishermen.

19 He said to them, "Come after me, and I will make you fishers of men."

20 At once they left their nets and followed him.

21 He walked along from there and saw two other brothers, James, the son of Zebedee, and his brother John. They were in a boat, with their father Zebedee, mending their nets. He called them,

22 and immediately they left their boat and their father and followed him.

23 He went around all of Galilee, teaching in their synagogues, proclaiming the gospel of the kingdom, and curing every disease and illness among the people.

OR Matthew 4:12-17

12 When Jesus heard that John had been arrested, he withdrew to Galilee.

13 He left Nazareth and went to live in Capernaum by the sea, in the region of Zebulun and Naphtali,

14 that what had been said through Isaiah the prophet might be fulfilled:

15 Land of Zebulun and land of Naphtali, the way to the sea, beyond the Jordan, Galilee of the Gentiles,

16 the people who sit in darkness have seen a great light, on those dwelling in a land overshadowed by death light has arisen.

17 From that time on, Jesus began to preach and say, "Repent, for the kingdom of heaven is at hand."

Saint(s) Of The Day

St Paul the Apostle	
Conversion of St Paul the Apostle – Feast Day – 25 th January 2026	
Catholicreadings.org  Conversion of St Paul the Apostle Feast Day January 25	

Date of Birth	1 st Century AD
Place of Birth	Turkey in Europe
Profession	Apostle of the <i>Gentiles</i>
Place of Work	Roman Empire
Date of Death	67 AD (aged 61-62)
Place of Death	Rome, Roman Empire
Feast Day	25 th January
Canonization	Pre-Congregation
Patron Saint of	Missions Theologians Gentile Christians

St Paul the Apostle Life History

St Paul also known as Saul of Tarsus was born in 5 AD in Tarsus, Cilicia, Roman Empire (modern-day Turkey). He was from a devout Jewish family based in the city of Tarsus. He grew up in Jerusalem and was raised by Gamaliel. Additionally, he studied Greek philosophers and was well acquainted with the Stoic philosophers. In the long history of the Church, no conversion has been more consequential than St. Paul's. Paul had not been ambivalent towards the Church before he converted it. He had actively persecuted it, even throwing rocks at the head of St. Stephen, in all likelihood. But he changed, or God changed him, on one particular night. And on that night Christianity changed too. And when the course of Christianity changed, the world changed. It is difficult to overemphasize the impact of today's feast. One way to think about the significance of an event, whether big or small, is to consider what things would be like if the event had never occurred. This is the premise behind the movie "It's a Wonderful Life." You compare actual life with a hypothetical "what if" alternative scenario. What if St. Paul had remained a zealous Jew? What if he had never converted? Never wrote one letter? Never travelled the sea's on missionary voyages? It can safely be assumed that the world itself, not just the Church, would look different than it does today. Perhaps Christianity would have remained confined to Palestine for many more centuries before breaking out into wider Europe. Maybe Christianity would have taken a right turn instead of a left, and all of China and India would be as culturally Catholic as Europe is today. It's impossible to say. However, the global scale of the effects of Paul's conversion speaks to the significance of his conversion. The details of Paul's conversion are well known. He was thrown from his horse on the road to Damascus (except that Acts makes no mention of a horse). Maybe he just fell while walking.

While stunned on the ground Paul heard the voice of Jesus: "Why are you persecuting me?" Jesus and the Church are one. To persecute the Church is to persecute Christ. Jesus is the head and the Church is his body. Paul did not convert to loving Jesus and say that the Church was just an accidental human construct that blocked him from the Lord. No, of course not. He believed what right-minded Catholics have believed for centuries and still believe today. To love Jesus is to love the Church and vice versa. It is impossible to love the Lord while disregarding the historical reality of how the Lord is communicated to us. The Church is not just a vehicle to carry God's revelation. The Church is part of God's revelation. Paul's conversion teaches us that when Jesus comes to us, he doesn't come alone. He comes with his angels, saints, priests, and bishops. He comes with Mary, the sacraments, doctrine, and devotions. He comes with the Church because he and the Church are one. And when we go to the Lord we don't go alone either. We go as members of a Church that has received a tradition to meet Jesus who gave it to us. Thus St. Paul heard from God himself, and thus we believe today. After the conversion of St Paul, he began his ministry of preaching the work in and around the area of the Mediterranean. During this journey of Christianity, he wrote letters which became books of the Bible in several areas. He later died in 67 AD in the Roman Empire.

St Paul the Apostle's Birth

He was born in the year 5 AD in Tarsus, Cilicia, Roman Empire (modern-day Turkey).

St Paul the Apostle's Death

St Paul Died in 67 AD in Rome, Italy, Roman Empire.

Veneration

His veneration was done by all Christian denominations that venerated the Saints.

Canonization

He was canonized Pre-congregation.

St Paul the Apostle Feast Day

The feast Day of the conversion of St Paul the Apostle is on the 25th of January.

Attributes

St Paul is represented in art with a Christian martyrdom, a sword, and a book.

St Paul the Apostle is the Patron Saint of

He is the Patron Saint of missions, theologians, and gentile Christians.

St Paul the Apostle's Major works

He was the author of the following books;

The Book of Romans

- The Book of 1 Corinthians
- The Book of 2 Corinthians
- The Book of Galatians
- The Book of Ephesians
- The Book of Philippians
- The Book of Colossians
- The Book of 1 Thessalonians
- The Book of 2 Thessalonians
- The Book of 1 Timothy
- The Book of 2 Timothy
- The Book of Titus
- The Book of Philemon

Other Saints Of The Day

- Saint Ananias of Damascus
- Blessed Henry Suso
- Blessed Antonio Migliorati
- Saint Dwynwen
- Blessed Teresa Grillo Michel
- Saint Poppo
- Blessed Francesco Zirano
- Blessed Manuel Domingo y Sol
- Blessed Archangela Giralani
- Saint Praejectus of Clermont
- Blessed Guardato di Belforte Piceno
- Blessed Antoni Swiadek
- Saint Auxentius of Epirus
- Saint Palaemon of Thebaid
- Saint Publius of Zeugma

Saint Apollo of Heliopolis

St Apollo of Heliopolis was also known as Apollo of Hermopol, or Apollo of Thebais. He was an abbot in Hermopol, Egypt born in early 4th century.

He was a hermit for 40 years in the desert around Thebes. During this time his holiness and miracle works attracted many disciples and at the age 80, he founded a community of monks in Hermopol which grew to 500. He died 395 AD.

Blessed Emilia Fernández Rodríguez de Cortés

Blessed Emilia Fernández Rodríguez de Cortés was born on April 13 1914 in Tíjola, Almería Spain. He was a married laywoman in the diocese of Almería, Spain. He was killed on The 25th of January 1939 at the Gachas-Colorés prison, Almería Spain and died as a martyr during the Spanish Civil War. He was beatified on The 25th March 2017 by Pope Francis.

Saint Bretannion of Tomi

St Bretannion of Tomi was a bishop of Tomi, Scythia (modern Constanta, Romania). He opposed Arianism for which he was exiled by Emperor Valens unfortunately, the people of Tomi forced the emperor to restore him to his see. He died of natural causes in 380 AD.

Saint Maximinus of Antioch

St Maximinus of Antioch was a member of the imperial guard of Julian the Apostate. When Julian issued orders prohibiting the veneration of the relics of saints, Maximinus and Saint Juventius protested and they were arrested, scourged, and martyred. He was beheaded in 363 AD at Antioch, Syria. St John Chrysostom wrote their eulogy.

Saint Juventius of Antioch

St Juventius of Antioch was a member of the imperial guard of Julian the Apostate. When Julian issued orders prohibiting the veneration of the relics of saints, Juventius and Saint Maximus protested and they were arrested, scourged, and martyred. He was beheaded in 363 AD at Antioch, Syria. Saint John Chrysostom wrote their eulogy.

Saint Amarinus of Clermont

St Amarinus of Clermont, also known as Marinus, died as a martyr in 676 AD. He was a Benedictine monk, a friend of St Praejectus of Clermont and also an abbot of a monastery in the archdiocese of Clermont, France. The valley of Saint Amarian in Alsace, France, is named in his honour.

Saint Agileus of Carthage

St Agileus of Carthage was also known as Agleus or Agilaeus. He was born in Africa and died as a martyr in 300 AD at Carthage in North Africa. St Augustine preached a sermon in his honour. His relics were later translated to Rome, Italy.

Saint Joel of Pulsano

St Joel of Pulsano was a spiritual student of St John of Matera. He was a Benedictine monk and died of natural causes in 1185 AD. He helped found and eventual master-general of the Benedictine house of St Mary, Pulsano, Italy.

Blessed Michael de Plagis

Blessed Michael de Plagis was a Mercedarian monk at the monastery of Messina, Italy. He died in 1619 AD.

Saint Artemas of Pozzuoli

St Artemas of Pozzuoli was a Teenaged martyred at Pozzuoli, Italy. In his tradition says he was stabbed to death by his pagan school classmates using their iron pens

Saint Eochod of Galloway

St Eochod of Galloway was also known as Apostle of the Picts of Galloway, Scotland. He was a spiritual student of St Columba and of the twelve chosen by him to evangelize northern Britain.

Saint Racho of Autun

St Racho of Autun was also known as Ragnobert of Autun. He was the first bishop of Autun, France and died of natural causes in 660 AD.

Saint Donatus the Martyr

St Donatus the Martyr was a martyr.

Saint Sabinus the Martyr

St Sabinus the Martyr was a martyr.

Saint Agape the Martyr

St Agape the Martyr was a martyr.

Today's St Paul's Quote

St. Paul, we ask your openness to conversion when we hear the Lord speak to us as he spoke to you. Assist us in responding with great faith to every invitation we receive to love the Lord more fully, to know him more deeply, and to spread his word more broadly to those who need it.

Catholic Sunday Mass Readings Homily - 25th of January 2026, Third Sunday in Ordinary Time, Year A

Today's the 25th of January 2026 Catholic Sunday Readings Homily Theme: I Will Make You Fishers of Men - Mark 1:14-20, Matthew 4:18-22

Sick Of the Parish:



Please pray for all the Sick in our three Parishes "My Payers and Good Wishes to All."

Mass Times For the weekend:

Saturday Night Mass Times	
Saint Josephs	5:30pm

Sunday Mass Times	
Saint Joseph's	9:30am
Saint Anne's & Holy Family	11:00 am
Saint Patrick's Ryhope	9:30 am

Sponsors:

The Mack'em Bar Radio Network
Catholic Readings Dot Org